

TO: **Colorado HS Athletic Directors & Girls' Swimming & Diving Coaches**

FROM: **Asnat Macoosh**, Meet Manager, asnat.aquateens@gmail.com
Bob Smartt, Fairview Swimming Head Coach, rwsmartt@gmail.com

Your team is invited to attend the **31st Annual Boulder County Girls' Swimming & Diving Championships, Saturday January 5, 2019**. This year's competition will be held at the Veterans' Memorial Aquatics Center (**VMAC Pool**). The Swimming competition will begin at 11:00 AM and Diving will start as soon as all divers have received proper warm-up, approximately noon. Flyovers will be instituted in all swimming events except for the last heat of each event. The top seeded heat will participate in a fanfare entry announcing swimmers and school. We hope you will attend.

The Veterans' Memorial Aquatics Center (VMAC Pool) is located at the SW Corner of 136th Avenue and Holly in Thornton opposite Horizon High School (5320 East 136th Ave, Thornton).

Please note that there may be qualifying standards. **We will send you a Hy-Tek meet entry file.**

Electronic entries are required.

- Please confirm your team's attendance to the Boulder County Meet as soon as possible by e-mailing Asnat.
- Please indicate if a dive team will be participating (V/JV) and approximate size of each of your teams (swimming, 6-dive and 11-dive).
- **Entries are due to Asnat** no later than 5:00 pm Tuesday, January 1, 2019. Questions on entries? Contact Asnat. Final changes must be electronically provided to Asnat by Thursday, January 3, no later than 3 PM. Please ensure your team roster has been loaded on to Max-Preps and **include your cell number** with your entries.
- Dive teams instructions will be provided at a later date. We are limiting the entries to 20 (6-dive) and 27 (11-dive). There is no limit to the number of divers per school, but it will be first come first serve. Please reach out to Coach Blair with any questions at blaircundall@gmail.com.

Swimming & Diving: VMAC will run 10 lanes for the competition, 25 yard pool. We will have a separate dive well and the diving will run concurrent with swimming. The diving competition will be an eleven dive varsity competition, and a six dive junior varsity competition including the required dive of that week.

WARM-UP/START TIMES AND LANES FOR Boulder County Meet 2019:

We will have 21 lanes available for swim warm-up, 10 in the competition pool, 6 in the South Pool and 5 in the North Pool. There will be three 20 minute sessions: 10:00-10:20, 10:20-10:40 and 10:40-11:00 AM. We will have dedicated warm-up lanes for each team that will be established once we know the approximate size of teams attending. Dive warm-up will begin at 11:00AM with all athletes sharing the three one meter boards. The South pool will be available to swimmers for continuous warm-up/warm-down from 11 AM until the conclusion of the meet.

ENTRIES PER TEAM:

Each school will enter one team. Each school may enter an unlimited number of athletes in individual and relay events. However, only four individuals or two relay teams per school will score in each event. There will be a limit on the total number of divers, still TBD. The diving order will be determined by lot.

IMPORTANT information to be followed for entering swimmers in meet:

1) **Entry Times:** There may be qualifying times this year. Because the meet is a timed final format, all times for individual swims must have been achieved either during the 2018-2019 high school season, in a USS meet from September 1, 2018 to January 1, 2019, or at the 2018 BVSSL prelims or finals. **Use of valid entry times will ensure the integrity of the timed finals heats.**

2) **Include times for your team's relays.** Four relay members and up to four alternates must be declared with your entry. Any changes between the eight eligible swimmers should be declared at the coaches' meeting or prior to the start of the event.

ENTRY FEES: The entry fee is \$50 per School plus \$4 per Swimmer/Diver, submitted by Wednesday 12/19/2018, payable to Fairview High School, and sent to Gina Muller, Treasurer, 2195 Stony Hill Road, Boulder CO 80305. Please reference BOCO Girls' Swimming and include a swimmer/diver count (see previous on "Entries per Team").

SCORING: Scoring for 20 places as per the 2018-2019 NFHS Rulebook.

AWARDS: Ribbons will be awarded through 10th place on relays and through 20th place on individual events.

ADMISSION: Adults & Students: \$5.00*, Children under 12: Free, ONLY CHSSA Activity Cards will be honored. Heat Sheets will be available at a cost of \$5.00

PARKING /FACILITIES /SPECTATORS: Patrons may park in the lot or across the street at Horizon HS. We ask all teams to drop their athletes in the turn around and park their buses across the street at the High School. VMAC runs a full concession stand which benefits Adams 12 Schools. Team food will be allowed in the public areas and classroom. Absolutely no food will be allowed on deck. Lockers will be available. Swimmers are responsible for their own valuables. Swimmers may move freely between the public spaces and the deck. Spectators may take full advantage of the Gallery and Public Lobbies however, they are not allowed on deck.

No entry before 9:45 am.

No teams in spectator seating.

Questions may be directed to: Asnat Macoosh, asnat.aquateens@gmail.com